

Home learning

W/C 31.1.22

Phonics

- Tuesday- 'ur' sound-

[Phase 3 Phonics for Kids #21 - 'ur' - YouTube](#)

- Wednesday- 'ow' sound-

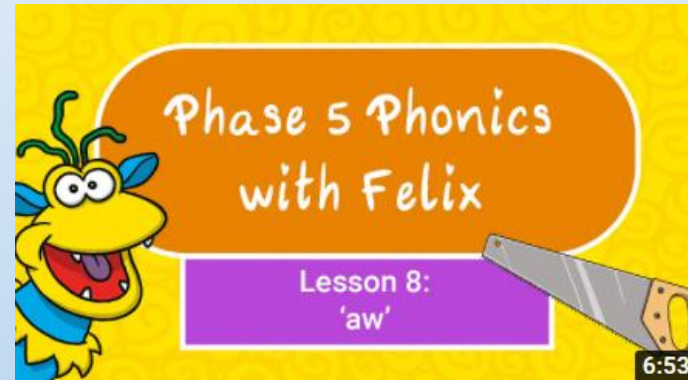
[Phase 3 Phonics for Kids #22 - 'ow' - YouTube](#)

- Thursday- 'oi' sound-

[Phase 3 Phonics for Kids #23 - 'oi' - YouTube](#)

- Friday- 'ear' sound-

[Phase 3 Phonics for Kids #24 - 'ear' - YouTube](#)




Watch the video for today's sound and then play a game on phonics play to practise reading words with that sound.

- [PhonicsPlay - Resources](#)

Not all of the games on the site are free to play but 'picnic on pluto', 'dragons den' and 'buried treasure' are free to play. Select phase 3 and then the sound from today's video.

English

My favourite dish - **Pepperoni pasta**



Ingredients
Pepperoni sauce:
1 red onion
2 red peppers
120 g pepperoni
1 can (450 g) tomatoes
1 cup water
Olive oil
Garlic
Oregano
50 g pasta per person

1. Cut the onion, red peppers and pepperoni.
2. Heat some olive oil in a pan and fry the onions, red peppers and pepperoni.
3. Add oregano, garlic, tomatoes and water and cook for 20 minutes.
4. Cook the pasta in a big pan of boiling water.
5. Serve the pasta with the pepperoni sauce.
Delicious!



Blueberry Maple Muffins

Ingredients:
1 cup plain flour
1/2 cup maple syrup
1/2 cup blueberries
1 egg
1/2 cup milk
1/2 cup oil
1/2 cup brown sugar
1/2 cup vanilla extract
1/2 cup baking powder

Instructions:
1. Preheat the oven to 180°C. Grease a muffin tray with a little oil.
2. In a large bowl, combine 1/2 cup of the flour with the baking powder, baking soda, and salt. Sift into a sifter.
3. In a medium bowl, combine the oil and maple syrup and beat them together with a whisk until combined. Add the egg and beat well. Then, add the yogurt and vanilla and mix well. Of the remaining 1/2 cup of flour, add it to the mixture in 1/4 cup increments, gently mixing the mixture in the microwave to be mixed better.
4. Pour the mix and stir into the flour mixture and mix with a big spoon. Just add combined to the batter and mix. In a small bowl, mix the blueberries with the remaining 1/2 cup of flour. Gently add the blueberries to the batter.
5. In a medium bowl, combine the oil and maple syrup and beat them together with a whisk until combined. Add the egg and beat well. Then, add the yogurt and vanilla and mix well. Of the remaining 1/2 cup of flour, add it to the mixture in 1/4 cup increments, gently mixing the mixture in the microwave to be mixed better.
6. Place the muffin tin on a cooling rack. You might need to use a butter knife along the outer edge of the muffin to remove them from the pan. If you have leftover muffins, store them covered in an airtight container for up to 3 days or in the refrigerator for up to 3 days. Freeze leftover muffins for up to 3 months. These individual muffins fit the microwave to be heated.

Change it up:
• Use a different fruit like raspberries or strawberries.
• Use a different oil like coconut oil.
• Use a different flour like whole wheat flour.
• Use a different sweetener like honey or maple syrup.
• Use a different size of muffin tin.

- This week we will be using our phonic knowledge to write lists of ingredients and simple instructions for recipes.
- As it is Chinese new year (Lunar new year) on Tuesday we will begin by following a recipe to make a Chinese dish- special fried rice. You might want to try this at home!
- The recipe we are making in school is on the next slide. We are also adding extra vegetables such as pak choi, broccoli peppers and spring onion.

Special Fried Rice

This rice dish is a great accompaniment to beef and broccoli stir fry!

You will need...

Ingredients

200g of long grain rice

100g of frozen peas

1 egg

Soy sauce

A pinch of 5 spice

Olive oil

Equipment

Hob

Saucepan

Frying pan or wok

Small bowl

Wooden spoon

Fork

Colander



Method

1. Fill a pan with water and bring to the boil. Once boiling, add the rice and cook for around 16 minutes.
2. Whilst the rice is cooking, crack your egg into the small bowl. Fish out any bits of shell that have dropped. Beat the egg with a fork and add a table spoon of soy sauce.
3. Add your frozen peas to the rice pan and cook for a further two minutes.
4. Drain the rice and peas, rinse with cold water and set to one side.
5. Heat a tablespoon of oil in your frying pan or wok and add the rice and peas.
6. Sprinkle in your pinch of 5 spice and stir well.
7. After a couple of minutes, push the rice and pea mixture to the side of of the pan. Pour in the egg and soy sauce mixture into the space you have made in the pan. Stir quickly until the egg starts to scramble. Once your egg is scrambled, mix the egg and rice and peas together.
8. Add another splash of soy sauce and stir well.
9. Serve the rice either alone in bowls or as an accompaniment to another dish such as beef and broccoli stir fry. Either way, the rice is scrumptious!

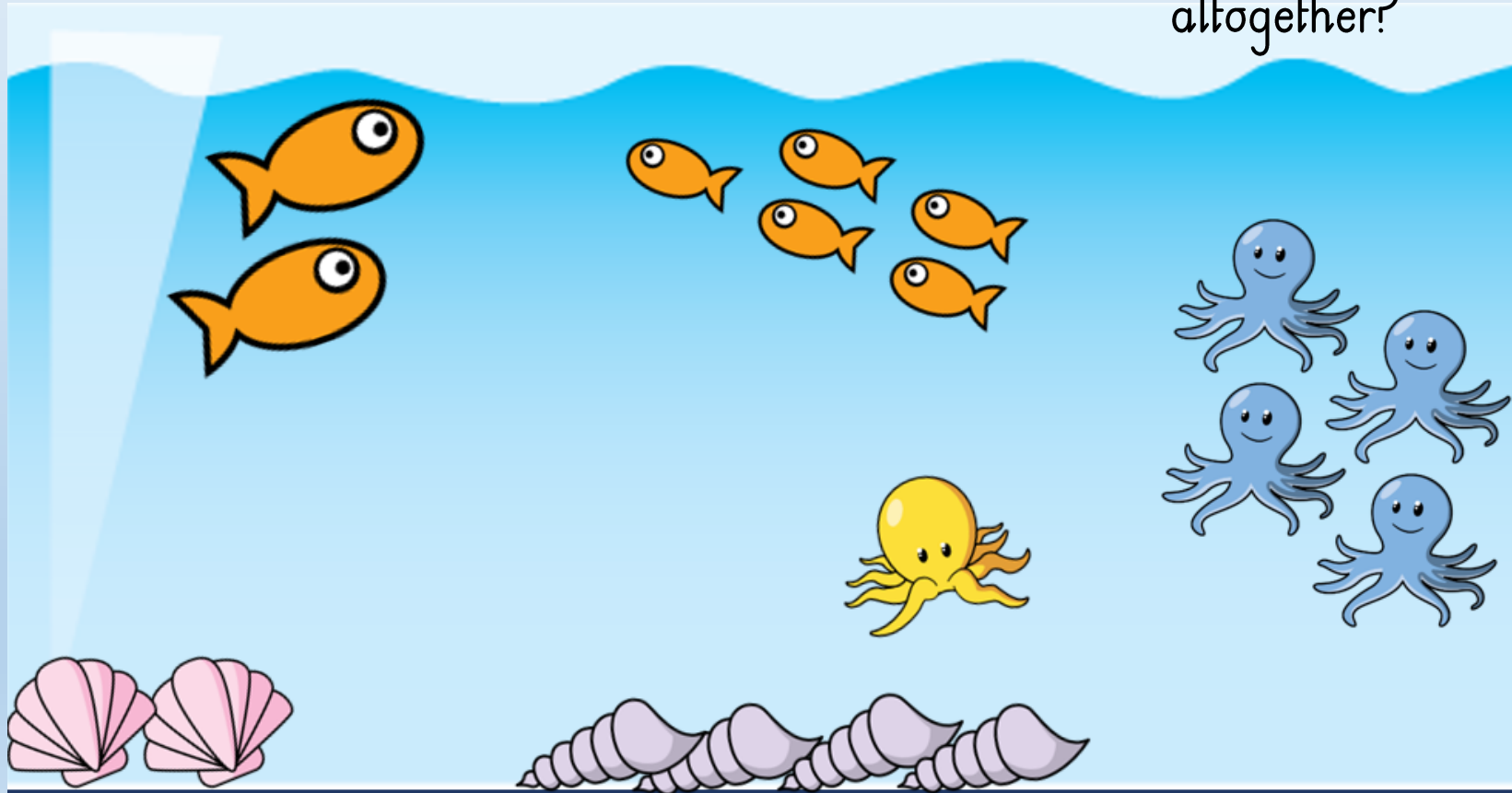
English



- Can you talk about what is included in a recipe? E.g. ingredients, method.
- Can you make your own recipe for a healthy dish?
- Can you write a list of ingredients for your recipe?
- Can you write some simple instructions for your recipe. Start your instructions with bossy verbs such as put, chop, cut, mix, stir.

Maths

- Combining two groups.



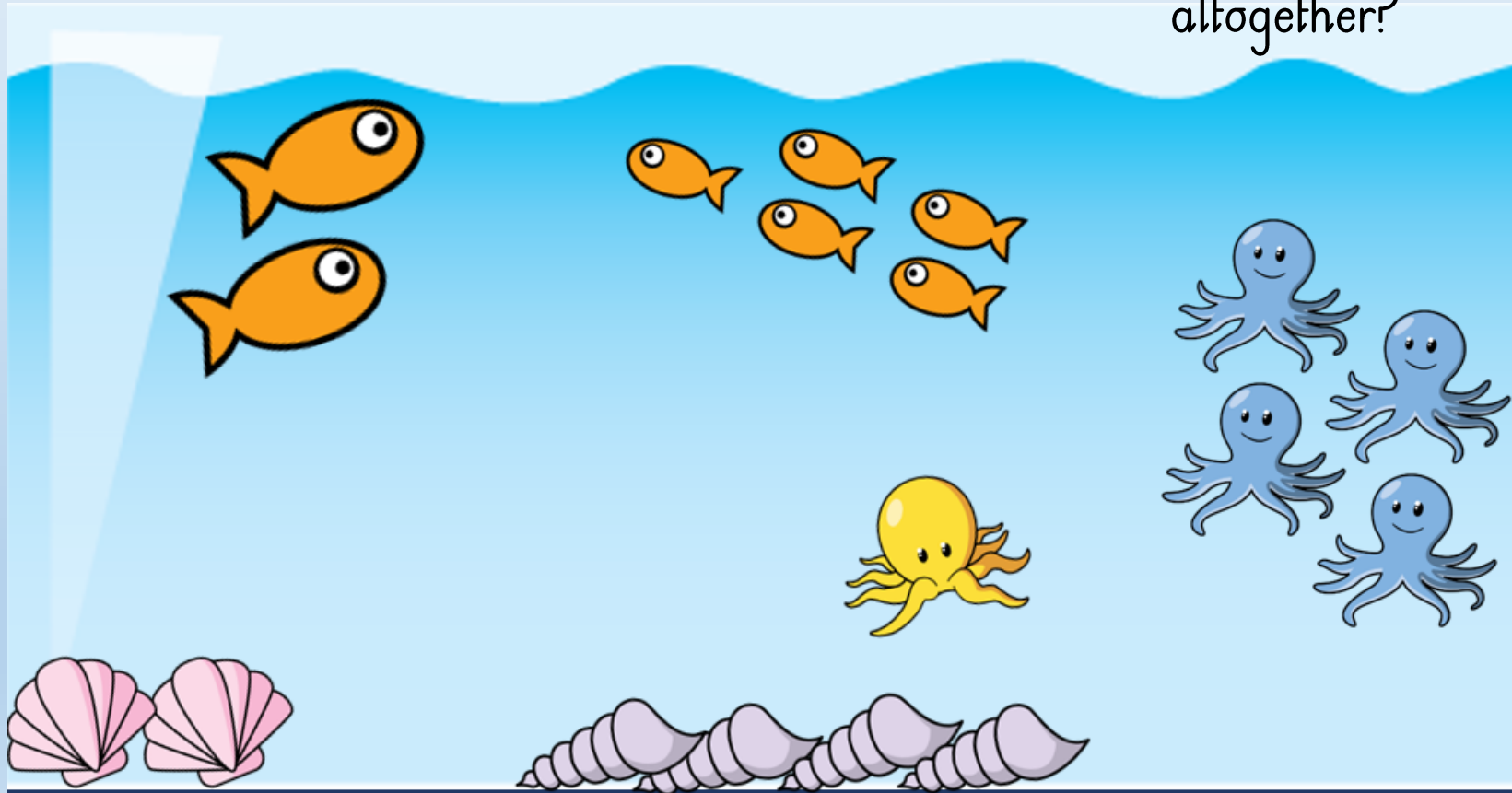
How many large fish can you see?

How many small fish can you see?

Can you combine them 2 groups- how many altogether?

Maths

- Combining two groups.



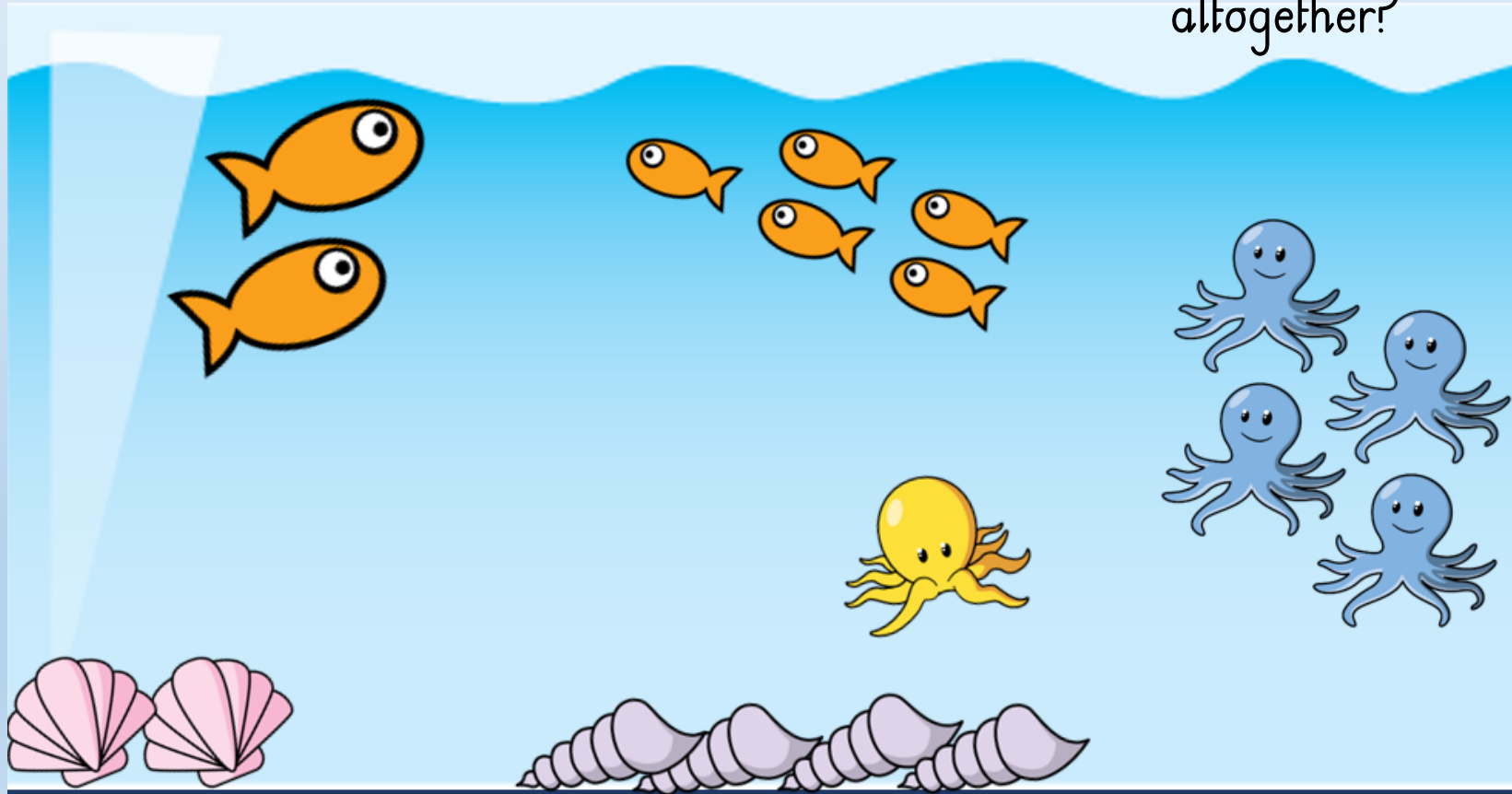
How many yellow octopuses can you see?

How many blue octopuses can you see?

Can you combine them 2 groups- how many altogether?

Maths

- Combining two groups.

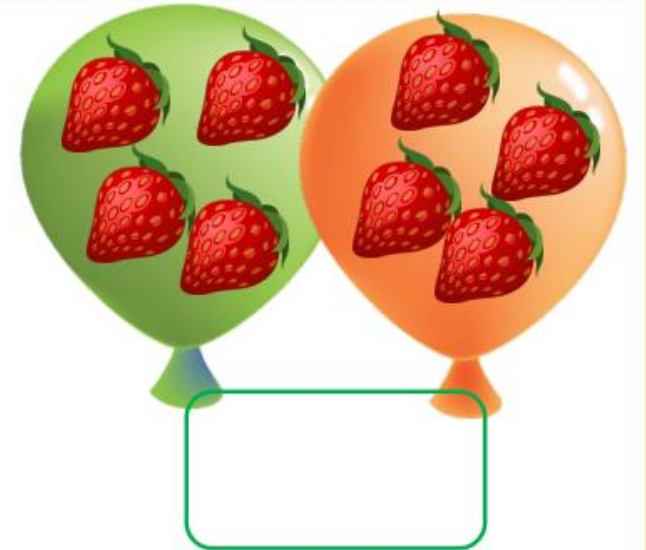
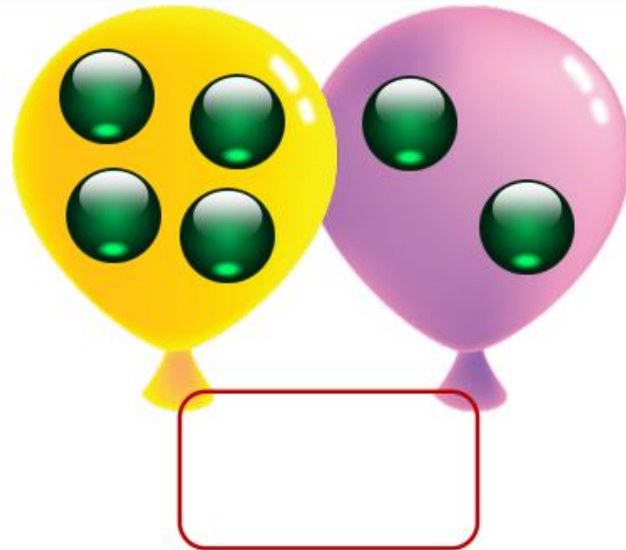
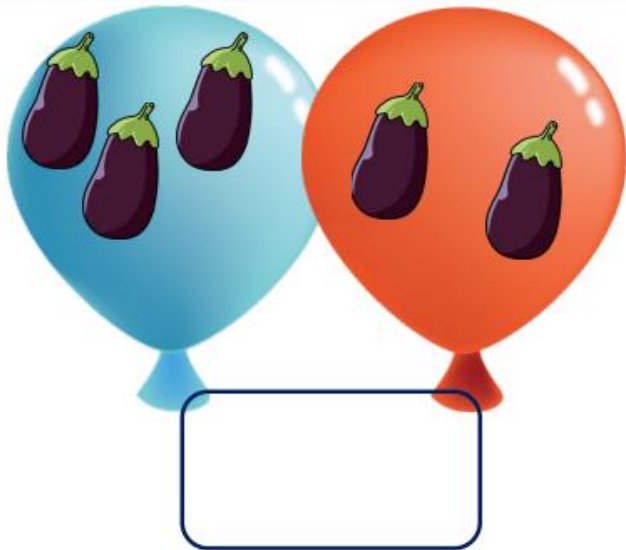
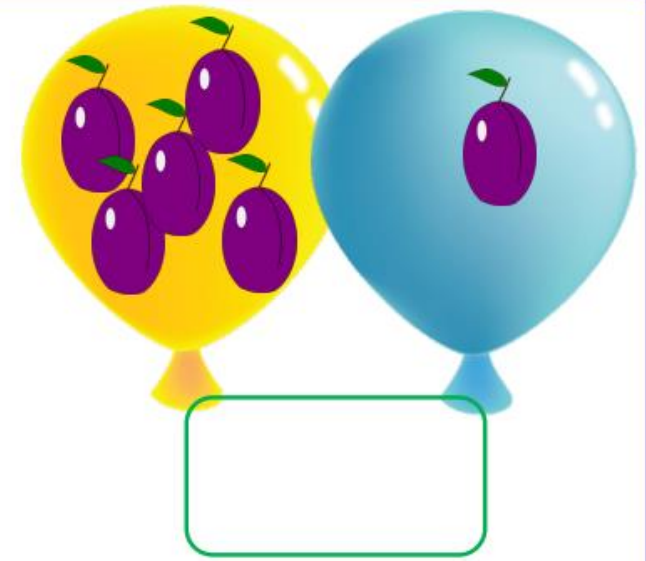
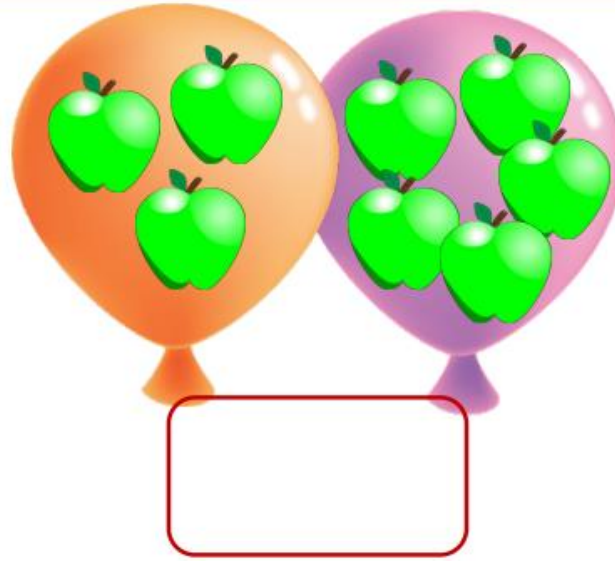
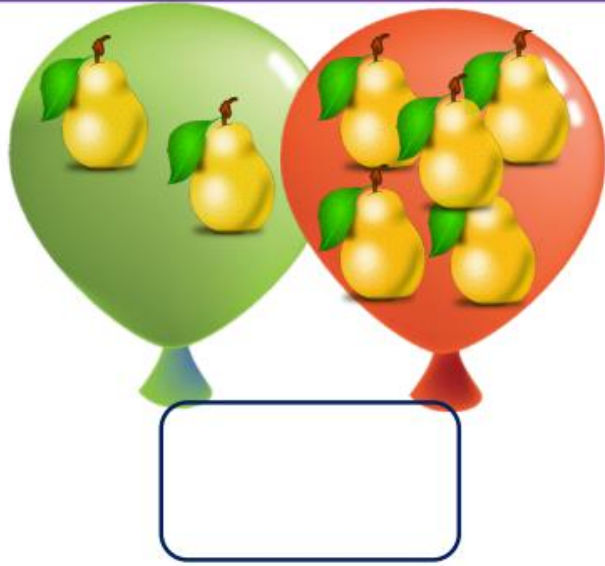


How many pink shells can you see?

How many purple shells can you see?

Can you combine them 2 groups- how many altogether?

What is the total number of objects?



Combining 2 groups

- Use objects in your home to make 2 groups of objects (up to 10). Count each group and then combine the groups to find the total.
- Can you write the number for each group and then write the number for the total?



Lunar New Year

Can you find out about Lunar New Year? (Chinese New Year)



How do people celebrate the Lunar New Year?



Can you find and watch a video of a dragon dance?



What animal is this year named after?

I was born in the year of the rooster. Can you find out the animal year you were born in?

